

APPROVED: SIGNATURE ON FILE IN EMS OFFICE  
Executive Director

EFFECTIVE DATE: 4/15/2016  
SUPERCEDES: \_\_\_\_\_

SIGNATURE ON FILE IN EMS OFFICE  
Medical Director

REVIEW DATE: 4/2021  
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### SELECTIVE SPINAL MOVEMENT RESTRICTION (SSMR)

- I. AUTHORITY: Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9
- II. PURPOSE: To serve as a patient treatment standard for EMTs, AEMTs and Paramedics within their scope of practice.
- III. PROTOCOL: The term Selective Spinal Movement Restriction (SSMR) describes the process to care for patients with possible unstable spinal injuries. The purpose of SSMR is to: reduce gross movement of the patient, prevent duplication of the damaging mechanism to the spine and regular reassessment of motor/sensory function.

### Selective Spinal Movement Restriction (SSMR) Algorithm

